

Are you an Islington parent of a child with disability?

Then the Islington Parent Forum is for you!

Empower
Enable
Engage



Dates for 2017

All meetings 10:00am to 1.00pm at Centre 404

Wednesday 1st February
Topic: Parents Participation

Tuesday 28th March
Topic: Employment

Wednesday 24th May
Topic: Health Care

Tuesday 11th July
Topic: Money Matters

Wednesday 27th September
Topic to be confirmed

Tuesday 28th November
Topic to be confirmed

Join us and help shape Islington disability services

"Our strength is our shared experience"

BOOKING REQUIRED

For further information contact:

beatriz@centre404.org.uk

0207 697 1336

Centre404, 404 Camden Road
London N7 0SJ

www.centre404.org.uk

Charity number: 299889

How being part of the Islington Parents Forum will help you



Islington Parents Forum at Centre 404
For parents of children with disabilities living in Islington

FIND OUT WHAT YOU ARE ENTITLED TO AND WHAT SERVICES ARE AVAILABLE FOR YOU AND YOUR CARE FOR

“My son’s diagnosis of autism came all of a sudden. I did not know anything about the condition, let alone support for me and my son. I felt guilty. I thought my son’s autism was a result of my poor parental skills”

- ➔ Come to the Parents Forum meetings and keep up-to-date on the changes to Local and National Disability Services, Money Matters, Housing, Health Care Services, Fulfilling Lives/Activities, Education and much more.

RAISING DISABILITY AWARENESS

“I don’t feel comfortable leaving my son at the after school club. The staff there doesn’t understand my child’s needs and calls for help. He ends up having a very stressful time, which makes him anxious at home and keeps me awake most of the night.”

- ➔ Come to Islington Parents Forum, participate in the development of disability services and raise awareness between professionals

KNOW YOUR RIGHTS - REDUCE ISOLATION

“I am very proactive, I would like to work and be involved in social activities, but the lack of support I receive for my son and the inflexibility of my workplace made me give up work and be left to only care”

- ➔ Know your rights! In Islington Parents Forum we can give you information and advice on disability services. We will empower you to participate in consultations and help develop those same services that will affect you and your son.

“I am a single mother and don’t have my family close. I am also weak and overwhelmed and feel unable to control my son’s challenging behaviour”

“I never go out, I can’t. My daughter has frequent meltdowns. We are asked to leave from shops and accused by people on the streets. It is not worth the hassle. I much prefer to stay home with her”

- ➔ At the Parents Forum meetings, you can meet people in similar situations to yourself, share experiences and get tips and advice from others that have already been there.

ACCOUNTABILITY – WHO DO I HOLD ACCOUNTABLE?

“I am not happy with my child’s Education Health and Care Plan (EHCP) and I have no idea who to contact, when or how. I don’t understand the letters professionals send me – it’s all terminology!”

- ➔ At the parents forum we will give you information and advice on matters that are important to you. We bring professionals from the council and disability services to explain their services and procedures. We will also build your confidence and help you raise concerns with the local authority.

How to get involved

To Find out more and to book a place for the next meeting contact the Supporting Families Team at Centre 404 on

02076971336

Email: beatriz@centre404.org.uk
Look at the “What’s going on?” page of the website
or visit Centre 404, 404 Camden Road, N7 0SJ
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